

Psa 37: 1-5 a protest against panic - keynote: "Let not..."

Fuel: emotion; envy = expression of it - a fiery red - not of envy

Solution: Breity of godless prosper, short-lived & certainly that well-doing leads to well-being.

Secret of peace, quietness - an ascending scale:

These 4 notes make a chord, harmony - one grows out of the other.

1- Trust in the Lord - There are some things we must leave in the hands of G - G's knowledge & wisdom & justice & might.

- at same time, perform duties - stay in the place G has put you & fulfil your duty there.

2- Delight: "Let Him be your joy." Desire is the great choker - wanting & not being able to have - G desire & provision go together. Longings fixed on G fulfil themselves. We can have as much of G as we want.

3- Commit - "Roll your way..." figure being; dislodge the burden from your shoulders & lay it on G, G's delayed action.

4- Rest - Be silent - submissive & wait patiently give G a chance to act

Mission Banquet - Spencer Hall Toronto  
1:25 - 6:45 - yrs 1-12

Carolyn Vardeman = new ~~boy~~ boy

Gay M<sup>c</sup>Annis

Ron & Bonnie Ballouay = new ADOPTED son

Mr. Hendrix = Methodist

Virginia Pribble = new girl