

[1] Love is the food which nourishes my life -
"rooted" - soil - nutrients, constraints,
& restraints

[2] Love is the foundation which stabilizes my life =
"grounded" deeply founded - assurance &
& reassurance



1- TO apprehend that love = ① a capacity to
understand - to lay hold so as to make it your
own = an intellectual grasp

② its dimensions = its feature, its embrace
Broad = all men
length = eternal, unending
depth = reaches down to deepest sinners
height = rises up to throne, to heaven
③ by all the saints

2- TO appropriate that love = TO know by
experience = may know all about love & without an ounce of
love in one's heart

① which passes knowledge - TO know that

which is beyond knowing = an ever rising experience =
like an vast oceans, love more never seen

as there is that of X's love which can be
intellectually grasped, understood, explained, define

& then there is that of X's love which can only
be experienced - ~~it is not that~~

to apprehend is to lay hold of his love

to Experience is to be laid hold of

It is one thing to grasp that love, & quite another
to be grasped by it -



How? Only as X comes to include fully by
faith - only the loving heart can know & love