

Stay Filled w/ THE Spirit - Eph 5:18-21 - You've Got to  
 Fill a cup w/ something! Spirit is a spirit - w/ a symbol of wise  
 methods, world's way, imitations of joy - Find your fullness, completeness  
 in the Spirit =  
 Filled = pleroma - to fill up, to cause to abound, to furnish liberally,  
 to diffuse abundantly - to lack nothing - a complete person -  
 - available to every person  
 - Tense - Present - continually - always - Full = a habitual emotion  
 - tragic sight = samism = we meet the Phil & wait w/ the Spirit is no  
 long filling = STAYING FILLED - How Valley are men higher ground  
 - vs 19, 20, 21 = 3 Particles = How the fullness is manifested  
 How the fullness is maintained

Note: 1. Each one is continual - to be done habitually  
 2. Each one is an act of will = Do it! w/ the feeling of the  
 Spirit, but FILLING of Spirit = obey & leave rest to  
 3. Each one deals w/ a vital relationship -  
 O to O - worship O to circumstance - thanksgiving  
 O to others - submission

I - Joyful worship - vs 19 - Col. 3:16 - <sup>Death blow to</sup> <sup>introspection</sup> <sup>intervention</sup>

1. Singing <sup>to the Lord</sup> - spiritual songs = psalms - subjective,  
 unpremeditated - in the spirit - <sup>vs 35:10 - small songs in the night</sup>  
 (2) In your heart - springs from inner life  
 (3) To the Lord = The Lord is the congregation  
 (4) Instances - Ps 150:9  
 (5) Do = Similes = Pastor who wouldn't counsel till they sang hymns  
 fully at retreat - power songs - used to sing in choir, etc - but stopped  
 when fellowship moved  
 Communication = 1 John 1:3 - our fellowship w/ fathers & I am  
 2 - sharing w/ one another = This joyful worship is to be  
 communicated = doubles your pleasure =  
 thanksgiving because you know the work is done  
 out

II - Continual Thanksgiving - vs 20 - Paul's most common command.  
 = acknowledgment of gift received

1. Continual = always
  2. Emphatic = all things
  3. Unseparated = ~~unto O~~ <sup>In Christ Jesus</sup>  
 Can't be hypocritical = His approval  
 Correct = "unto O" <sup>Some Paul's bonds</sup> <sup>"applications"</sup>
- Project = If Empty = can't seem to get back  
 Two lists  
 (1) Empty in Past - a bum deal  
 (2) Empty in Present would change if could, but  
 couldn't

III - Mutual Submission - 21 - The general principle by  
 which we are to be guided in our relations w/ others.

1. The meaning  
 (1) Humbleness - not self-seeking - plan self under  
 (2) Helpfulness - we preach & live - ourselves your  
 servants = How can I serve  
 How can I help
2. The motive - "out of reverence for X"