

(1) There is nothing we can do to change our life, break free from it. TO THE CONTRARY, the more we try to fight it, the more like it we become. Jung said, "You always become the thing you fight most."

Think: What was it about your parents, you hated the most? Have you realized how much like them you have become? This is not an occasional aberration. It is a fixed rule of human behaviour, from intrapsychic conflict to international relations.

ILL- Alcoholics Anonymous -- resisting evil seldom works. As long as we hate something, we only draw ourselves to it. "Whoever fights monsters," warned Nietzsche, "should see to it that in the process he does not become a monster."

(2) Conquerors have all through history been conquered by those they conquer.

"The iron hand crushed the Tyrant's head
And became a Tyrant in his stead." William Blake

(3) Rome subjugated the Jews, prompting the Roman philosopher Seneca to complain that Jewish customs had begun to penetrate Roman life: "The conquered have given laws to the conquerors."

Rutilius Namatianus: "Would to the gods Judea had never been conquered!"

4. ONLY CHRIST CAN LIBERATE US FROM THE PRISON OF A MEANINGLESS LIFE.

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